



Wholesale Product Catalog

2026



At Sunswell Greens we believe healthy eating should be deliciously easy, no matter what season it is.

Because life's too short for sad salad.



We grow the Sunshine State's freshest greens 365 days a year, at our two sunny hydroponic greenhouses in Lake Worth and Punta Gorda, FL.

- Sun-grown hydroponics
- Climate-responsive greenhouses
- 90% Water Conservation*

With certifications that matter:



*Compared to conventional farming



Butterhead Lettuce



Product:	Butterhead with or without root	Unit Size:	8w x 5.5h
Net Weight:	1 head	Pallet Count:	84 or 42
Shelf Life:	18 days	Pallet Weight:	180lbs or 210lbs
Case Pack:	6ct or 12ct	Pallet Tier/ Height:	7ti/12hi or 7ti/6hi
Case Size:	12w x 21.5d x 10.75h	Temp:	33°-38° F

Sweet Butter Leaf



Product:	Pre-cut Butterhead Leaf	Unit Size:	8w x 5.5h
Net Weight:	3 lbs	Pallet Count:	84
Shelf Life:	16 days	Pallet Weight:	252lbs
Case Pack:	n/a	Pallet Tier/Height:	7ti/12hi
Case Size:	12.25w x 21d x 10.75h	Temp:	33°-38° F

Crispy Sandwich Leaf



Product:	Pre-cut Sandwich-Size Green Leaf	Unit Size:	8w x 5.5h
Net Weight:	3 lbs	Pallet Count:	84
Shelf Life:	16 days	Pallet Weight:	252lbs
Case Pack:	n/a	Pallet Tier/Height:	7ti/12hi
Case Size:	12.25w x 21d x 10.75h	Temp:	33°-38° F

Crunchy Mini Romaine



Product:	Mini Romaine with or without roots	Unit Size:	7.75w x 8.5d x 2.5h
Net Weight:	24 Heads	Pallet Count:	42
Shelf Life:	16 days	Pallet Weight:	210lbs
Case Pack:	24ct	Pallet Tier/Height:	7ti/6hi
Case Size:	12.25w x 21d x 10.75h	Temp:	33°-38° F

Chef Box



Product:	Choice: Green Oak, Red Oak, Lollo Rossa, Romaine - Rootless	Unit Size:	n/a
Net Weight:	2 lbs	Pallet Count:	84
Shelf Life:	15 days	Pallet Weight:	280 lbs
Case Pack:	n/a	Pallet Tier/ Height:	7ti/12hi
Case Size:	12w x 21.5d x 5.75h	Temp:	33°-38° F

Exotic Mix



Product:	Choice: Green Oak, Red Oak, Lollo Rossa, Romaine - With Root	Unit Size:	n/a
Net Weight:	2 lbs	Pallet Count:	84
Shelf Life:	15 days	Pallet Weight:	280lbs
Case Pack:	n/a	Pallet Tier/ Height:	7ti/12hi
Case Size:	12w x 21.5d x 5.75h	Temp:	33°-38° F

Micro Broccoli



Product: Broccoli Microgreens	Unit Size: 7.75w x 8.75d x 3h
Net Weight: 8oz	Pallet Count: 60
Shelf Life: 12 days	Pallet Weight: 150lbs
Case Pack: 6ct	Pallet Tier/Height: 12ti/5hi
Case Size: 9w x 16d x 9.25h	Temp: 33°-38° F

Micro Arugula



Product: Arugula Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 150lbs

Pallet Tier/Height: 12ti/5hi

Temp: 33°-38° F

Spicy Mix



Product: Red and Green Mustard Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 200lbs

Pallet Tier/Height: 12ti/5hi

Temp: 33°-38° F

Rainbow Mix



Product: Purple and Green
Radish Microgreens

**Net
Weight:** 8oz

**Shelf
Life:** 12 days

**Case
Pack:** 6ct

**Case
Size:** 9w x 16d x 9.25h

**Unit
Size:** 7.75w x 8.75d x 3h

**Pallet
Count:** 60

**Pallet
Weight:** 150lbs

**Pallet
Tier/
Height:** 12ti/5hi

Temp: 33°-38° F

Micro Cilantro



Product: Cilantro Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 150lbs

Pallet Tier/Height: 12ti/5hi

Temp: 33°-38° F

Super Mix



Product: Mizuna, Cabbage,
Kale, and Kohlrabi
Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 150lbs

**Pallet Tier/
Height:** 12ti/5hi

Temp: 33°-38° F

Micro Basil



Product: Basil Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 150lbs

Pallet Tier/Height: 12ti/5hi

Temp: 33°-38° F

Pea Tendrils



Product: Pea Tendrils
Microgreens

Net Weight: 8oz

Shelf Life: 12 days

Case Pack: 6ct

Case Size: 9w x 16d x 9.25h

Unit Size: 7.75w x 8.75d x 3h

Pallet Count: 60

Pallet Weight: 150lbs

Pallet Tier/Height: 12ti/5hi

Temp: 33°-38° F

Let's grow together

Request samples today

Daniela Alvarez

305.778.9282

daniela.alvarez@sunswellgreens.com

sunswellgreens.com

